



Christ the King Lutheran Church

1305 Pine Ave., Snohomish, Washington 98290
ctksnohomish.org - (360) 568-5704

NEWSLETTER FOR MAY 15, 2022

Dear Church Family, be brave.

At a family gathering, a grandmother was coaxed into doing something she had never done before. After much friendly badgering, she climbed slowly up on an exercise bike. She took her time getting in just the right position. She waited a few moments. Then, nervously, she said, "All right, you can turn it on now."

If only work in the church could be handled like that. If we could magically flip a switch, and then watch as the work is done for us. But work in the church requires a delicate blend of divine inspiration and human perspiration.

On Sunday our scripture reading is Acts 11 reminds us that Peter was brave to challenge the early church as to who the Spirit of God desired to include. It was one thing to say Gentiles were welcome. It was another thing to make room and change your practices for the influx of new Gentile believers. The same is true today. In a previous ministry, the church was blessed by new immigrants. They were welcomed but very few of our customs changed to include them. They were welcome but not included.

There is a striking similarity in what too often transpires in the church today. The human factor is such in churches that God's vision may threaten the current power structure of a church. Old attitudes and old stereotypes may prevent churches from genuinely being open to the not so gentle nudging of the Holy Spirit. If the ancient church would have gone with tradition and the intent of post-exilic Judaism, Gentiles (most of us) the church would not have been included.

When we say the gospel is hope for everyone it is only a platitude or a sweet fiction unless we do the work to make it possible. Peter was up to the challenge to include the excluded, to change the nature and structure of the church. Are we waiting for someone else to "turn this thing on" or are we willing to apply our agency to see the gospel expand to the ends of the earth? In my opinion, this is the challenge facing the church today as it did in the time of St. Peter.

To live as Christ's followers today requires us to be brave, church. Our worship series reflect this: BRAVE CHURCH! See you Sunday! ~Pastor Craig

Cancelled to due weather –
Giving Garden Work Party
Saturday, May 14, 2022



The new date will be listed in an upcoming newsletter.

Inspire
CtK 2022

The CtK 2022 Theme is **INSPIRE**

Let's practice it! Let's train ourselves in the way of Jesus.

Getting Ready to be *Inspired*: We get inspired by practicing our faith individually and together. I invite you to put into your daily life “the Daily Faith5” every day.

STEP 1: SHARE (or journal) your highs and lows for the week.

STEP 2: READ a Bible verse from Sunday, the verse this week is from **Acts 11:17**

**“If then God gave them the same gift
that he gave us when we believed in the Lord Jesus Christ,
who was I that I could hinder God?”**

STEP 3: TALK (reflect) about how the Bible reading relates or applies to your highs and lows.

STEP 4: PRAY for one another’s highs and lows.

STEP 5: BLESS one another with loving, appropriate touch.

Try it and see if there isn’t some inspiration that takes place in your life and in your family.



One woman who shared did not get to finish all that she had to share. Here are her thoughts:

“The woman I am going to talk about this morning is someone most of you know - Phyllis Nowadnick. I met Phyllis here at Christ the King in 1976. A few years ago....that's the year we moved to Snohomish. So, I think you can call me a Snohomishite. I got to know Phyllis at different functions at church, outside the church and at Charity Circle. Phyllis was the mother of 4 children. We should keep them in our prayers. It is the first Mother's Day without their mother. Phyllis was a teacher. In that job, she had to be brave and strong. Sometimes she would lead our bible studies at Charity Circle. She did that with such ease. At those times we saw Phyllis, the teacher. Phyllis was a brave Christian and a brave Lutheran. She lived her faith. To me and all of us, she was truly an everyday Christian. Loving, kind, and caring in all she did.”



Blood Pressure (B/P)

First step in Stroke prevention is monitoring your Blood Pressure (B/P).

We will be checking B/Ps for all who would like to participate beginning May 22nd after service and continuing on the 4th Sunday of each month thereafter.

Please let Nurse Anita know if you are interested in helping by signing up on the list located on her bulletin board or by email:

parishnurse@ctksnohomishl.org.

There will be an evening discussion on the procedure we will use and the reasons for those procedures beginning at 7pm on Thursday May 19th Please plan on attending.

If you would like to speak with Nurse Anita call or text 206.931-7976, or email: parishnurse@ctksnohomish.org

Anita Huntley MPH BSN RN (Faith Community Nurse)



\$20,345.48 in CROP Hunger Walk Donations

This is the highest level of donations in our 24 years of CROP Hunger walking!

Thanks to the generous giving of individuals, our churches, the Husaynia Islamic Society, and other organizations to the 2021 CROP Hunger Walk, the Snohomish Community Kitchen, which serves over 100 meals twice weekly, received \$5,086.37 (25% of CROP donations) to supplement their operating budget.

Also, thanks to our Dine Out & Take Out restaurants, El Pariaso Mexican Grill and Hops 'n Drops, which together provided donations totaling \$2,180.57 to help us reach our total.

We walk and donate because ending hunger is possible, and it is possible in our lifetime!

Join us next year for the 25th Annual Snohomish CROP Hunger Walk!

In 2023, our very own, *Diane Decker-Ihle*, is taking over the role as

Leader of the Snohomish CROP Hunger Walk!

We look forward to helping her in her new position!

May is Mental Health Awareness Month.

In the last two years, our family has lost 3 friends to suicide. Some struggled publicly with mental illness and depression, at least one showed no public struggle whatsoever. As her pastor, I knew her struggle, and yet to most people she was a bright, excelling, positive person just turning 60.



I don't imagine our family is an isolated or rare example. We all have been affected by mental illness in ourselves or family members, coworkers, and friends (statistics say 1 in 5 Americans struggle). This is why it is important to understand some basics of mental health first aid. A great resource for such information is the National Alliance on Mental Illness (NAMI).

The National Alliance on Mental Illness's message this year is that **YOU ARE NOT ALONE. "Now more than ever, we need to find ways to stay connected with our community. No one should feel alone or without the information, support and help they need."** - NAMI

If you or a loved one are struggling, please reach out to someone.

Suicide Prevention Lifeline: 1-800-273-8255

NAMI Helpline: 1-800-950-NAMI (6264)

or text "NAMI" to 741-741.

Learning at CTK this week: *Join us!*



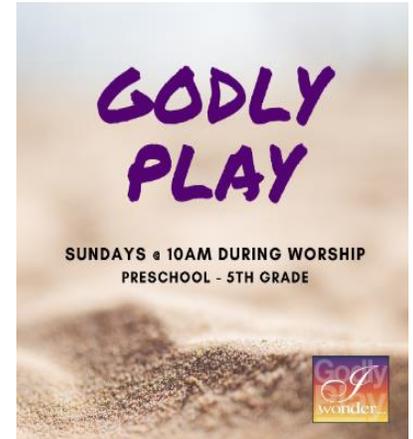
SUNDAY CLASSES:

Confirmation Class

Sundays 11:30– 1:00

The Once and Future King?

Sunday, May 15th



WEEKDAY CLASSES:

The Wired WORD

Tuesday Evening Study and Discussion, 7 PM (online and in-person)

The recently leaked draft of a Supreme Court opinion suggesting the court will overturn Roe v. Wade has some people celebrating and others protesting. A recent survey regarding whether abortion should be legal, however, reveals that the most common answer among Americans is "it depends." This week our class gives us an opportunity to discuss this matter and look to the scriptures for guidance. Our hope is that groups will approach this challenging topic with empathy for those whose opinions differ and with kindness, civility, Christian love and the goal of understanding -- if not agreeing with -- one another.

We will begin with the question: can you fairly and accurately (kindly and truly) state the view of this issue from the perspective of someone who disagrees with you. What is true and of value with the argument posed by someone who does not agree with you on this issue? The goal of the class is to have a healthy discussion that challenges participants to think in a Christian way and that the discussion itself reflects our Christian commitment to love one another.

We also submit the ELCA Social Teaching Statement on Abortion for your consideration (go to [ELCA.ORG](https://www.elca.org) and type in the search the word abortion) or copy and paste this link: https://www.elca.org/Faith/Faith-and-Society/Social-Statements/Abortion?_ga=2.150593074.585398071.1652425241-1620283466.1640659814

Topic: Tuesday Wired Word Study and Discussion
Time: May 17, 2022 07:00 PM Pacific Time (US and Canada)

Join Zoom Meeting:
<https://us06web.zoom.us/j/83071535913?pwd=RFhEUVhUTmhPU3FEcmN6S1BiQWWhrZz09>

Meeting ID: 830 7153 5913
Passcode: 966432

New Study Opportunity

How Lutherans Interpret the Bible

DVD Series featuring presenter Dr. Mark Allen Powell

Wednesday evenings at 7:00 pm

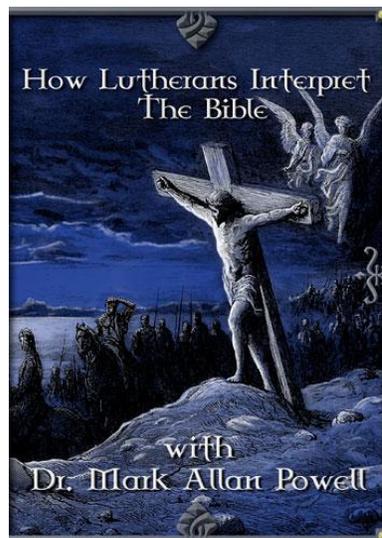
Beginning May 18th for 6 weeks

Where: Daren & Joann Barstad's

2225 Park Ave

Snohomish, WA

If interested, please call Joann at 425-530-2947



Women's Thursday Morning Bible Study:

This Women's Bible Study is every Thursday morning, 9:30 am -11 am.

Please join us - we are studying: **Where God Meets Man, 50th Anniversary Edition with Study Guide**

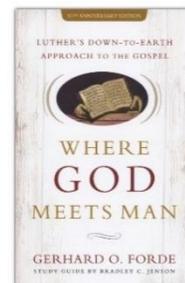
The study book can be purchased at Amazon (search for Where God Meets Man by Gerhard O Forde, 50th Anniversary Edition

The ZOOM meeting information: go to www.zoom.us and sign in with the meeting ID & password:

Meeting ID: 873 4524 8067

Password: 602630

Check with michelle@mncypher.com for reliable Zoom information or to request a weekly reminder.



Prayer Meeting

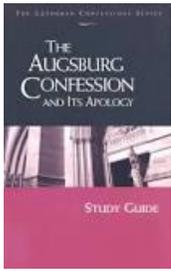
The prayer of a righteous person is powerful and effective. - James 5:16b.

Tuesdays 11am-Noon

Join us to raise your prayers to the Lord, your prayers are needed and will always be needed. If you can't come and need prayer, please let Anita know.

parishnurse@ctksnohomish.org

(Masks are encouraged but not mandatory)



Men's Saturday Morning Bible Study The study occurs Saturday mornings from 8:00 -10:00 am. The study book can be purchased thru the following link: [The Augsburg Confession and Its Apology \(Lutheran Confession\)](#) The ZOOM Meeting information is: Join Zoom Meeting <https://us02web.zoom.us/j/81955611200?pwd=bTBFTjhQcHhzVjZYU3dvdXRxenBFUT09>

If you have questions, please email Bruce Olsen at brools1422@gmail.com



We have a wonderful Preschool, terrific teachers and a dedicated Director.

Let's show our support for our Preschool by helping to supply their needs each month.

May Preschool Item of the Month:
PLAYDOUGH & BUBBLES



Preschool Enrollment: Don't miss out on preschool! Classes are filling up quickly for next Fall, so don't miss out on your spot. Visit the website or contact Melissa Marzolf, Preschool Director, to register, or for more information.

Direct Donations help us to keep our tuition rates affordable for families. There are numerous ways to donate: You can donate financially to our preschool through the link on the preschool website or by writing a check. You can link your Amazon Smile or Fred Meyer (Kroger) Rewards account to CtK Preschool.

Lutheran World Relief Kits

Offering comfort and care to those who need it most



Often, when natural disasters strike or when war drives families from their homes, our hearts ache with compassion, but we don't know how to help.

Making Lutheran World Relief Kits is a simple and tangible way to offer comfort to those suffering and express love to our neighbors in need.

LWR Kits are specifically designed to help people coping with poverty, disaster, conflict and more. LWR Kits provide dignity and hope in the direst situations.

CtK is asking for donations of the following specific items so we can put together Personal Care Kits:

Bath Size Towels
Toothpaste

Bath Size Soaps
Sturdy Combs

Adult Toothbrushes
Metal Nail Clippers

There will be bins in CtK's Gathering (Narthex) Area for your donated items during the Month of May.

Thank you for your generous giving! Any questions, contact Linda Mauer at lrmauer@gmail.com

Women's Shelter Donations

Please give personal and other small items to the Women's Shelter.

They are not accepting clothing as this time.

The donation box is on the floor under the "cubbies" in the hallway

Worship Updates!



It's wonderful to be back to an even fuller worship experience! In this time, we can sing vigorously, commune in our traditional ways, shake hands or hug and eat together. It feels good. As we reopen in these ways, we are recruiting helpers for various roles related to worship. Please think about how you might take part.

We can use many types of gifts. In all cases we'll provide the simple training you will need.

Please notify the office, christtheking@ctksnohomish.org or Loren Ihle (ljihle@comcast.net; (360-333- 0746) if you can consider serving in this way. Or nominate a friend! And look for sign-up sheets in the narthex/gathering area at church. Thank-you in advance!

We are recruiting for:

- Bakers for Communion Bread (1 batch per month, recipe provided)
- Assisting Ministers for Communion (2 at each service)
- Communion Preparation (about 20 minutes before and after each service)
- Flowers for the altar (1 each week)
- Ushers (1-2 each service)
- Readers
- Greeters (providing hospitality at the front door)

I Love Worship at CTK—Count Me In!

NAME: _____

Best way to contact me: _____

I'd like to be on a roster for:

- Assisting Minister (Reader)—scheduling by Beth Hamlin
- Assisting at Communion—scheduling by Beth Hamlin
- Usher—signup sheet in narthex
- Communion preparation & cleanup—signup sheet in narthex
- Flowers for the altar—signup sheet in narthex
- Bread baker—signup sheet in narthex
- Greeter

Return to the church office

Questions? Call, e-mail, or text Loren Ihle, 360 333 0746, ljihle@comcast.net.

Thank-you!

Newsletter Deadline is Thursday by 4 pm

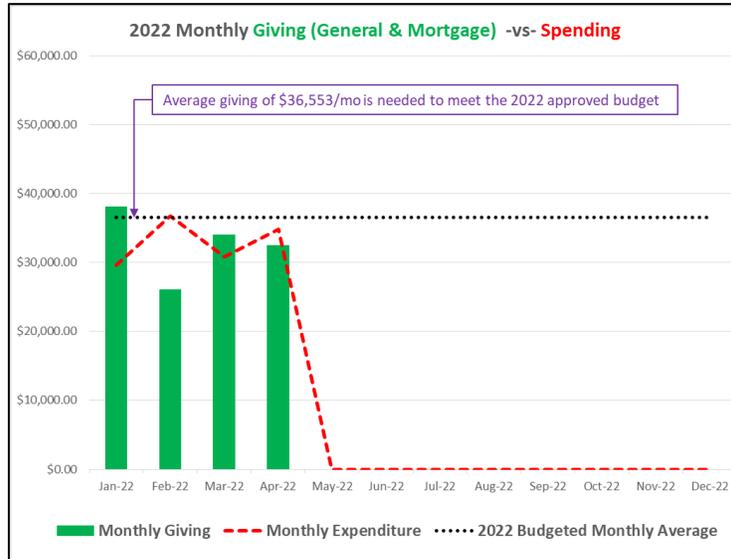
The email comes out Friday afternoon.

If you have information for the newsletter please email news,
prayer requests or upcoming events or dates to **christtheking@ctksnohomish.org**

2022 Financial News

January - April 2022 giving to the General and Mortgage Reduction Funds were

\$130,505.00

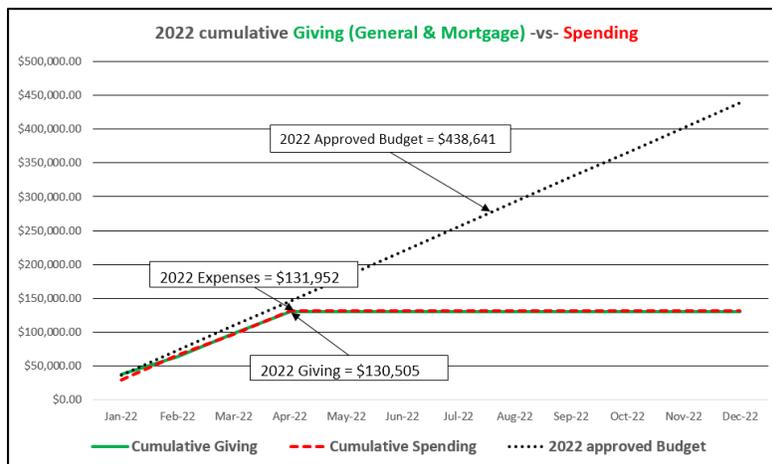


January - April 2022 Expenses were:

\$131,952.00

Mortgage Loan Balance as of April 2022:

\$186,957.00



Please continue to support your church family through
In-Person Giving, via US mail or through our website:

<https://www.ctksnohomish.org/>